



RHYTHMIC GYMNASTICS

ROPESHOOPSBALLSRIBBONSCLUBS

November 2008

Winnipeg, Manitoba

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sapphiresgymclub.ca

### Dates to Remember:

**December 6** - Winter Display, Tec Voc High School (TBC)

**December 6** - Scoring Officials Certification Course, Sport Manitoba: 10:00am-2:00pm

**December 7** - Minor Officials Certification Course, Sport Manitoba: 10:00am-2:00pm

**December 13** - Invitational Competition #1, hosted by Alegria. Max Bell Centre at U of M

**December 19** - Competitive Holiday Party for all gymnasts and coaches (more information coming soon!)

**January 5** - Regular classes resume

**January 9-11** - Judging Course hosted by Rhythmic Gymnastics Manitoba visit [www.rgmanitoba.com](http://www.rgmanitoba.com) for more information

**January 18** - Invitational Competition #2, hosted by Rhythmic Royals. Frank Kennedy Centre at U of M

\*For further dates, details and information, please visit our website at: [www.sapphiresgymclub.ca](http://www.sapphiresgymclub.ca)



### Max Bell Practices

In order to gain experience using a competition carpet, gymnasts in levels 1-4 and Novice Group are invited to train an additional one Saturday per month at Max Bell (located at the University of Manitoba). The time for these practices is 8:30am-11:00am. The schedule is as follows:

**January 24<sup>th</sup> & February 28<sup>th</sup>: Rebecca's Class**  
(Anika, Natali, Lana, Jayzee, Nicole F, Katie, Kate, Mary, Abby)

**February 7<sup>th</sup> & March 14<sup>th</sup>: Carly's Class & Kira's Class**  
(Brittney, Emma, Vicky, Madisyn, Samantha)  
(Angelica, Lizzie, Megan, Nicole T, Ariana, Celina, Morgan, Erin)

Gymnasts should ensure they bring runners with them to these practices as they will be running on a track. Please talk to your daughter's coach if she is unable to attend.

Please visit the Rhythmic Gymnastics Manitoba website for details on upcoming events and competitions. The RGM website is an excellent source of information!

[www.rgmanitoba.com](http://www.rgmanitoba.com)

### HAPPY BIRTHDAY!!



The following Sapphires' celebrated their birthdays within the last few months or have an upcoming birthday next month:

**OCTOBER:** 2<sup>nd</sup> - Angelica Buccini turned 8  
23<sup>rd</sup> - Lana Domozyrov turned 7  
25<sup>th</sup> - Carly Isaak turned 18

**NOVEMBER:** 10<sup>th</sup> - Tanya Manastersky turned 23  
11<sup>th</sup> - Abby Edginton turned 9  
19<sup>th</sup> - Erin Rawluk turned 11  
23<sup>rd</sup> - Brandi Voss turned 12

**DECEMBER:** 2<sup>nd</sup> - Stacey Collerone turns 17  
18<sup>th</sup> - Nina Semchysyn turns 13

### DON'T FORGET...

Gymnasts should be wearing a fitted bodysuit and short tights to every practice! Fitted athletic tops and tight shorts are also acceptable. Hair must be completely pulled back (either in a ponytail or a bun). Different coaches have different rules, so please double check with your daughter's coach as to what's acceptable to wear to practice.

### PARENTS:

**Please respect the Sapphires "Closed Gym Policy" this includes:**

- Parents, siblings & friends are NOT allowed to stay in the gym during practices.
- Refrain from talking to your daughter until she has been dismissed by her coach.
- When picking up at Max Bell, please stay OUTSIDE the track area until the coach has dismissed the gymnasts.
- Please do not approach a coach with a question when the class has already started. The coaches will make a point of coming to the doors at the beginning and end of each practice if you have any questions.

Thank you for your cooperation!

Sapphires Winter Display:

The Sapphires Winter Display is fast approaching! It is a wonderful opportunity for our recreational gymnasts to show off their talents to family and friends, as well as our competitive gymnasts to try out their new routines.

The Display will be held at Tec-Voc High School on Saturday, December 6<sup>th</sup>. Each family is asked to provide some baking for our get-together held in the cafeteria right after the display.

It's time to think about the Jar Bar! It is asked that each family prepare at least 2 jars for sale at the Winter Display. You can fill them with candy, hair stuff, etc, and bring them in to practice (or to the Display).

A handout with more information was distributed last week.

**\*\*REMINDER\*\***

Sobey's Fundraiser:

Gift cards will be distributed at the Winter Display December 6<sup>th</sup>.

Congratulations to last year's winner of our top seller prize – Aimee Lagimodiere! She won free registration to the Sapphires Challenge competition, held in May. Thank you to the Lagimodiere family for their efforts in helping to making our Sobey's Fundraiser a success!



Aimee Lagimodiere

Competitive Pictures

This year, the competitive gymnasts will not have their photos taken at the Winter Display. Instead, competitive pictures will be taken during regular practice. More information to follow soon!

**Sapphires Parent Executive**

*We are always looking for more volunteers! If you are interested in getting involved with the Sapphires Parent Executive, please contact:*

Rose Cloutis @ 789-9808 OR  
Karen Trojan @ 586-3022

**Our next meeting is scheduled for 6:00 PM Monday, January 12, 2009 at Lansdowne School. Parents interested in involvement with the Sapphires Parent Executive are welcome to attend!**

SAVE THE DATE!!

The annual competitive holiday party will take place on Friday, December 19<sup>th</sup>. This event is a fun social evening for all competitive gymnasts and coaches. More information will be distributed soon!



Kira and Becky – Holiday Party 2007



Lisa and Geneva – Holiday Party 2007