



## **Recreational Performance Group Program 2017-2018**

### **What is Rhythmic Gymnastics?**

Rhythmic Gymnastics is a beautiful and challenging sport that combines the elements of artistic gymnastics with the many styles of dance, such as ballet, jazz and contemporary. It also incorporates the use of the five hand held apparatus: Rope, Ball, Hoop, Ribbon and Clubs, with various movements to music.

### **A New and Exciting Program!**

Our Recreational Performance Group Program is an exciting new program beginning this season! This program is ideal for gymnasts who may not feel ready to move into an individual Competitive program but wish to train more, or for gymnasts who prefer group training programs. This program will follow and incorporate the Canadian Sport for Life and Long-Term Athlete Development (LTAD) framework put forward by Gymnastics Canada, specifically the Active for Life stage. This stage of LTAD promotes gymnastics and physical literacy for gymnasts of all ages and abilities in a fun, non-competitive environment. Our new program will allow our gymnasts to continue to develop fundamental gymnastics skills and movement patterns from multiple gymnastics disciplines, all while maintaining the fun and social aspects of sport. Gymnasts will be focusing on group training through learning and working on a variety of skills such as group exchanges and collaborations and acrobatic partner elements.

### **More Performance Opportunities!**

In this program, our gymnasts will learn routines that contain elements of rhythmic gymnastics as well as dance and group gymnastics. This will give the group some exciting performance opportunities! Not only will they be performing at our club's Winter and Spring Displays, but they can also perform at in-province competitions and provincial gymnaestrada events!

## Did You Know?

Gymnastics is recognized as one of the three Foundation Sports by the International Olympic Committee! This means that it acts as a foundation for all sports. Gymnastics incorporates a wide range of physical and mental skills and attributes and combines them all in a beautiful, precise and artistic performance! Gymnastics is a sport that is accessible to people of all ages and abilities,; it is truly a Sport for Life!

## Who Can Participate?

To be eligible to participate in our Recreational Performance Group Program, gymnasts must be 8 years of age or older and have had previous experience in gymnastics or dance (minimum one season/session). This program is a full season commitment, running from the end of September until the first week of June. This gives the coach and the group plenty of time to learn new skills and build upon them with the same group! In order for this program to be successful as a group program, all members must attend as many classes as possible. If your gymnast cannot attend a practice, please let the coach know beforehand if possible!

## Program Information

Location	Day & Time (program runs from the end of Sept 2017 – beginning of June 2018)	Regular Fee (paid before Sept. 18th, 2017)	Late Fee (paid after Sept.18th, 2017)
Inkster School	Tuesday 7:00pm-8:30pm	\$460.00	\$480.00

### Program, Payment and Refund Policies

- Program fee includes a non-refundable Rhythmic Gymnastics Manitoba (RGM) member fee of \$60.00.
- There are two payment options:
  - One payment: will receive a \$10.00 discount. \$450.00 must be received prior to September 18th.
  - Two payments: initial payment of \$260.00 paid prior to September 18th, 2017, second payment of \$200.00 made on February 1st, 2018 (postdated cheque must be received at time of initial payment).
- Program fee includes the purchase of a Sapphires group tank top, t-shirt or bodysuit (TBD by coach) for performances. We will measure for sizes and the coach will place the order.

- Sapphires reserves the right to cancel any program that does not meet the minimum requirement of 5 gymnastd. In the event of a program cancellation, a full refund will be made.
- We offer a prorated refund up until the week of October 29<sup>th</sup>, 2017. The refund will not include the non-refundable \$60.00 RGM member fee.
- Kidsport Canada provides funds to support grants available to kids who are unable to participate in sports due to financial barriers. For more information on Kidsport, or to submit an application for your daughter, go to [www.kidsportcanada.ca](http://www.kidsportcanada.ca). Please note that the submission of an application does not reduce the amounts required to complete registration. Should an amount from Kidsport be received by Sapphires, fees will be adjusted accordingly.
- The program will run from September 26<sup>th</sup>, 2017, until the first week of June. There will be no classes during Winter Break, Spring Break, or on any Holidays that may fall on a Tuesday.
- Classes that are cancelled by the facility are out of our control and may be made up at a different location/time if needed.

# Sapphires Rhythmic Gymnastics Club IRG Registration Form A

## Gymnast Information:

Gymnast Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Birthday (YYYY/MM/DD): \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
9 digit health #: \_\_\_\_\_  
6 digit reg #: \_\_\_\_\_

## Parent/ Guardian 1:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

## Emergency Contact Information:

\*should be different than parent/guardian\*

Name: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Relationship to Gymnast: \_\_\_\_\_

## Parent/Guardian 2:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, Province: \_\_\_\_\_  
Postal Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

**Please indicate any medical conditions, injuries or allergies (past/present):**

## **Returning gymnasts- PRISM Levels Achieved:**

- |                                  |                                 |
|----------------------------------|---------------------------------|
| <input type="checkbox"/> Rainbow | <input type="checkbox"/> Green  |
| <input type="checkbox"/> Red     | <input type="checkbox"/> Blue   |
| <input type="checkbox"/> Orange  | <input type="checkbox"/> Violet |
| <input type="checkbox"/> Yellow  |                                 |

## **Sapphires Rhythmic Gymnastics Club Waiver**

I, the parent/guardian of \_\_\_\_\_ know that participation in any sport is a potentially hazardous activity. I realize that he/she should not participate unless he/she is medically able and properly trained. I assume all risks associated with his/her participation. Having read this waiver and knowing these facts and in consideration of your accepting my child's application to participate, I waive and release the Sapphires Rhythmic Gymnastics Club, Rhythmic Gymnastics Manitoba (RGM), all sponsors, affiliated Clubs, event organizers, and officers and members thereof from all claims or liabilities of any kinds arising out of his/her participation.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Payment form (please circle):                      CASH    CHEQUE

**ONE PAYMENT:**     \$460.00 (prior to Sept. 18<sup>th</sup>) or \$480.00 (after Sept. 18<sup>th</sup>)

**TWO PAYMENTS:** \$260.00 (initial payment) + \$200.00 cheque post-dated for February 1<sup>st</sup>, 2018. Initial payment can be cash or cheque, second payment must be a cheque.



Rhythmic Gymnastics Manitoba Inc.

### **RGM EVENT PIPEDA RELEASE FORM**

The personal information you provide to RGM and different organizing committees for Provincial and National events, is collected under the authority of the PIPEDA privacy bill for Canada. The information is used to determine your eligibility for competitive and recreational opportunities, age related events, to facilitate your enrolment, to administer and evaluate programs/courses of benefit to gymnasts, coaches, Board Members, volunteers and judges, and for insurance and statistical purposes. In addition, personal information may be, from time to time, submitted to major funding bodies in order to verify registration and meet the funding requirements. This information will be transferred in a safe format. It will be password protected if it is transferred electronically, or it will be sent as hard copy.

Registration information required may include: name, age, birth date, address, gender, emergency contact information in case of accident or illness, previous movement experience, position within the club or provincial governing structure, volunteer experience, judging level attained, coaching level attained, performing and/or competitive level attained and citizenship information. Staff members and senior volunteers may have the following information collected and retained: coaching experience, performance appraisals, appointment records, resumes and letters of reference, university equivalency/course information for different aspects of coaching training, attendance records, coach certification numbers, certifications and equivalencies.

Your club's Privacy Officer is responsible for your personal information, and the personal information concerning any minor children, and they ensure that all personal information is handled in a confidential manner, and all reasonable precautions are taken to avoid loss, theft or unauthorized access, disclosure, copying, use or modification. Any requests to view your personal information should be made in writing to the club or to the Provincial office of the RGM Rhythmic Gymnastics Program.

**Please fill in and sign the following form, to indicate that you allow the transmission of personal information to RGM Rhythmic Gymnastics office, and the subsequent transmittal of personal information as indicated in Paragraph one of this document.**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name of Parent/Guardian of participant if under the age of 18: \_\_\_\_\_

Signature of Parent/Guardian of participant if under the age of 18: \_\_\_\_\_

### **RGM IMAGE RELEASE FORM**

Participants at Provincial and National events may have their image, likeness, name (excluding personal address, phone, fax number, and/or email address), province, city/town, and club, as well as rank within Canada and previous performing, competitive, judging, choreographing or coaching history, used in publications and on the internet by RGA as well as its agents and sponsors from time to time. When signing this form, gymnasts, volunteers, coaches, judges and, in the case of minors, their parent/guardian, agree that they have the authority to provide this authorization/approval to RGM and its agents, and sanctioned organizing committees. A facsimile, a scanned and emailed copy, or a photocopy of this form shall be deemed to constitute an original signed document.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name of Parent/Guardian of participant if under the age of 18: \_\_\_\_\_

Signature of Parent/Guardian of participant if under the age of 18: \_\_\_\_\_

**I allow the use of personal information as outlined above, and image in RGM Media, including newsletter, website, poster, brochure, video, sponsorship packages.**

Note: If Photographs are provided to RGM, please send each photograph together with the photographer's express written permission for RGM or your club to use the photograph(s) on the internet, in publications related to rhythmic gymnastics, and in sponsorship materials for rhythmic gymnastics.

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